




**Bhaskaracharya College of Applied Sciences  
(University of Delhi)**  
Sector II, Phase I, Dwarka, New Delhi - 110075

FACULTY PROFILE

Title	Dr.	First Name	Madhulika	Last Name	Bajpai	Photograph
Designation		Associate Professor				
Department		Human Communication				
Address (Campus)		Bhaskaracharya College of Applied Sciences, Dwarka, Delhi.				

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Fax (Campus)			
Email Id	madhulika.bajpai@bcas.du.ac.in		
Educational Qualification	Subject	Institution	
Ph.D	Psychology	University of Delhi	
M.Phil	Psychology	University of Delhi	
M.A.	Psychology	University of Delhi	
<b>Research Interests/ Specialization</b>			
Stress Management, Marital Relations, Positive Psychology, Gender Studies, Communication Skill and Personality Development			
<b>Teaching Interest</b>			
Psychology, Gender Studies and Human Communication			
<b>Achievements/Patents</b>			
Conferred Best Teacher Award by Directorate of Higher Education (2018-19)			
<b>Publications (Last Five Years)</b>			
Year of Publication	Title	Journal/Book	Co-author/s/Editors
2019	“Stress Management for Youth: From Weeding the Wrong to Feeding the Strong”	<i>Health and Well-being Issues in Specific Population Groups</i>	A. P. Singh
2018	“Understanding your Adolescent”	<i>Art and Science of Parenting,</i>	A. K. Mishra and N. K. C
2018	"Effective Parenting Skills"	<i>Art and Science of Parenting,</i>	A. K. Mishra and N. K. C

2017	"Lifestyle Interventions in Stress Management: A Study Among Delhi Youth"	<i>DU Journal of Undergraduate Research and Innovation</i>	Rao. E. S., & Jindal. R.
2016	<b>"Role of India Traditional Foods in Stress Management: A Study Among Delhi Youth"</b>	<i>Indian Food Packer</i>	Rao. E. S., & Jindal. R.
2015	"Stress Workbook for Youth: Your Personal Guide to Understanding and Managing Stress"		Rao. E. S., & Jindal. R.
2015	"Desi Delights: A Traditional Treatise"		Rao. E. S., & Jindal. R.
2015	Author for the e-content development program for UGC e-pathshala project for Postgraduate Program in Psychology		
2014	"Stress, Coping & Life Style Interventions"	<i>The Psychological Realm</i>	<b>N. K. Chadha</b>
<b>Conference Publications</b>			
2019	. "Holistic Education" The Way Forward"	National Seminar on Quality in Higher Education: Current Priorities and Future Challenges"	Organized by Sri Venkat at <b>SP Jain Auditorium</b> Campus, Dhaula Kuan, N
2018	"Indian Lifestyle Interventions in Stress Management" "International Conference on Stress Management (ICSM2018)"	"International Conference on Stress Management (ICSM2018)"	<b>Organized by Internatio Association (ISMA) hel November 11<sup>th</sup>-12<sup>th</sup>, 2018</b>
<b>Project (Minor/Major)</b>			
Principal Investigator of a University of Delhi Innovation Project (2013-15), titled, "Lifestyle Interventions in Stress Manag Delhi Youth			
<b>Any other information</b>			

- Associate Member, International Stress Management Association (ISMA).
- Life Member: Indian Career Development Association (ICDA).
- Life Member: Indian Association of Positive Psychology (IAPP).
- Member: Indian Association of Holistic Psychology (IAHP).